

## **THE PRACTISE OF PRAISE**

### **Key scripture: Psalm 150**

We are created to praise God and God does not want you to miss the priority of praise. Each of the last five psalms (146-150) begins and ends with the Hebrew word, “Hallelujah!” (Praise Yah = the Lord). Praise is the theme of each of these psalms. It is like a mounting crescendo at the climax of a great symphony.

The theme of praise has dominated all the psalms, but as the end approaches, the “conductor” brings in each section of the orchestra in one grand finale of praise. [Psalm 150](#) is the climax of the climax, where we are exhorted 13 times in six short verses to praise the Lord. It is telling us that *...God’s people should be caught up with praising Him.*

So how do we praise God?

### **Discussion Points**

- 1. In practical terms, how can we praise God with our voice? Ps 63:3, Acts 16:25**
- 2. How can we praise God with our body & emotions? Ps 63:4, 95:6, 47:1**
- 3. How can we praise God with our music? Psalm 150:3-5**
- 4. How can we praise the Lord with our lives practically? 1 Cor 10:31**
- 5. What will you start practicing in your praise now?**